

In thinking of the various options, one of the options is to ask Dorcy and I to put together a proposal for a pilot program. We can then propose a scope of service contract for a pilot program. In my recommendation, an AB-PA High Road pilot program proposal should be part of a two-program or three-program evaluation research project with university involvement.

The programs do not need to be vastly different, but at least variants. Do something different and get information. I believe Maastricht University would be a good research and clinical partner, and I would be willing to collaborate and consultant on variants or alternatives to the AB-PA High Road pilot program.

We want to apply knowledge to solve pathology, Program evaluation research is needed. Acquire university involvement. Develop the various program protocols. In my experience at UCLA on clinical research, place the research director in overall charge of all three pilot programs. Have a clinical director in charge of clinical care and implementation for all three pilot programs.

I would recommend that final decisions on program implementation should be the responsibility of the research director. This is to maintain the integrity of the pilot program evaluation research. The clinical director would have clinical over-ride on any decision - any decision. Patient care always takes priority. And, in a clinical research project, it's important for research to guide program operation.

Assessment - Diagnosis - Treatment. Those are the three containers. We need to fill each one.

1. Assessment - a defined and structured assessment protocol.
2. Diagnosis - clear diagnostic criteria and structured program decision-making.
3. Treatment - clearly defined and implemented treatment plans, with outcome measures.

Pilot Program 1: AB-PA High Road.

AB-PA fills boxes 1 and 2, a structured assessment and clear diagnostic criteria.

The High Road workshop is my first referral as a clinical psychologist. From a treatment perspective, I will refer first to the High Road workshop for the recovery before beginning treatment. If the High Road workshop is not available, then the therapy is solution-focused family systems therapy.

Pilot Program 2: Something different

Other voices can develop this. I can consult if that would be helpful.

Pilot Program 3: Something different

Other voices, I can consult.

If the decision-makers want to go with only one pilot program, AB-PA High Road, we can do that. If they want Dorcy and I to develop a proposal, she and I can discuss the scope and structure of that and submit a proposal for consideration. We would need a rough estimate regarding how many families would be anticipated to be enrolled into the program in a month. Are we talking five families a month or fifty?

Alternatively, we can be contracted with separately for trainings and seminars in our respective areas. This would require a scope of service proposal to each of us relative to the services sought.

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